

## 2.5.4.RE-TEST AND ANSWER SHEETS

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1- What is Rehabilitation. Describe the principle & goals of it.

2- Write essay on CBR.

Answer

1- Rehabilitation :-

Introduction :-

Rehabilitation is the combined & coordinated use of education, medical and social measure for the training of existing capacity to the optimum level of function.

Goals :-

- (i) Orientation -
- (ii) Physical Independence
- (iii) Mobility
- (iv) Occupational Integration
- (v) Social Integration
- (vi) Economically self sufficient

(ii) Physical Independence -

It is an independency for help the person that required day to day basis activities like writing reading.

(i) Orientation -

It is an intervention to help the people that feeding, toileting etc.



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Q. Rehabilitation

i) Rehabilitation that can cure handicapped person and bring him or her to the optimum level to do functional activity by the combined & coordinated use of medical, social, educational & vocational

ii) These abilities may be physical mental or cognitive thinking & learning

Goals of Rehabilitation

a) Orientalion: - For a person with head injury or cerebral palsy the orientation to surrounding would hamper activities for daily living for bidding & toileting.

b) Mobility: - poliomyelitis & paraplegia are condition the severely hamper mobility.

c) Occupational integration

for training & placement in a suitable job.

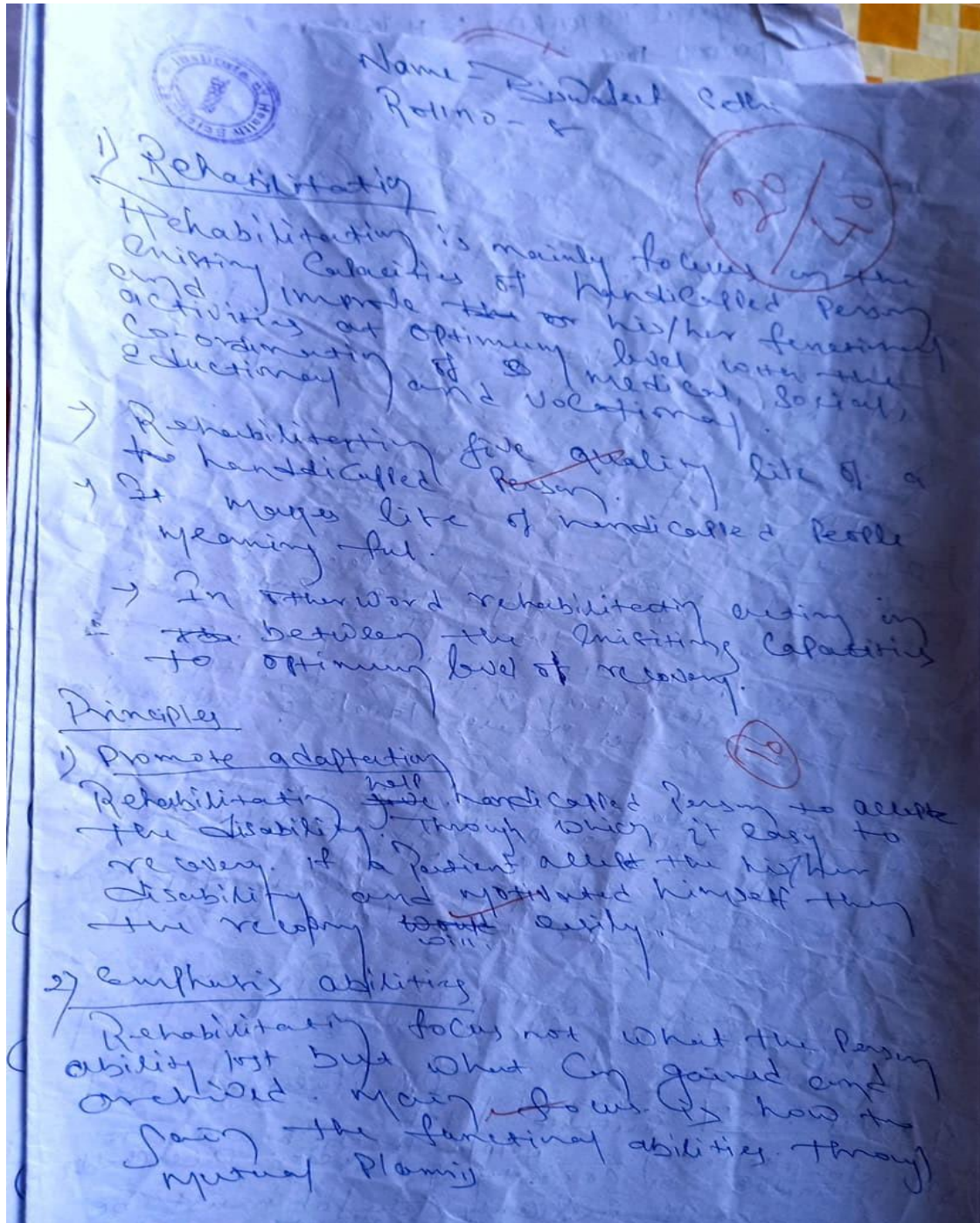
d) Economic self Efficiency: -

The job must ensure a means of livelihood.

e) Equality of life



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① CBR

CBR is the strategy within the community development for the rehabilitation, equalization of opportunities & social integration of all the people with disabilities.

→ CBR is implemented through the combined efforts of the disabled people themselves, their families & communities & the appropriate health, educational, vocational & social security goals

→ supporting people with disabilities to maximize their physical & mental ability

→ Empowering PWD & their families

→ Helping them to access regular services & opportunities & to become active contributors to the community

→ making communities to program or working the society and neighbours & their relations

Aspects of CBR

→ Medical

→ social

→ educational

→ economical

→ medically as

→ socially the patient accept his or her problem

→ the people around his or her always support them & provide good education



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